

# Research Campaign Bioregenerative Life Support Systems: Coordinated Research into Organisms, Technology and Systems Integration

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**Introduction.** An Environmental Control and Life Support System (ECLSS) for spacecraft satisfies the physiological needs of the crew by revitalizing the atmosphere, maintaining temperature and humidity, providing food and water, and removing wastes. As we travel further beyond low Earth orbit, the increased cost of resupply and resource constraints (e.g., volume, power, and crew time) will necessitate life support systems with higher efficiency, autonomy, and mass closure than the physicochemical (PC) systems in use today<sup>1,2</sup>. NASA's technology roadmap states that self-sufficient life support systems are crucial for sustaining life on long-duration missions<sup>3</sup>. Several NASA needs assessments identify closed regenerative life support as an enabling technology for long-term sustained human exploration, including the Lunar Human Exploration Strategic Knowledge Gap (SKG III-J-3), Decadal Survey on Biological and Physical Sciences in Space Studies (DSBPS TSES6 and P3), NASA 2020 Technology Taxonomy (TX06.3.5), and Global Exploration Roadmap.

Just as on Earth, living organisms can provide multiple life support functions in space, by recycling waste products to generate O<sub>2</sub>, water, and food. Living systems can reproduce and self-repair, allowing continuous functioning. Organisms, especially plants, also have a positive psychological impact on crew<sup>4</sup>. Space agencies have researched the use of plants for life support and supplemental food production for decades, making bioregenerative life support systems (BLSS) one of the most enduring themes for space life science research<sup>5-16</sup>.

BLSS development, closure, and capacity must evolve with exploration mission duration, distance, and complexity, with a phased approach. Near-term missions will demonstrate key concepts and validate components in the space environment while ground analogs test integrated technologies. BLSS components can eventually integrate with more permanent habitation systems<sup>17,2</sup>. Efficient and reliable space life support will require integration of biological and PC components into an engineered ecosystem that sustains the crew and itself. This paper discusses and recommends critical areas of research and development at organismal, system, and technology levels to realize space-viable biological systems for space life support.

## **I. Organism-Focused Questions**

Organism-focused questions have received the most attention in US BLSS research in recent decades. However, important questions remain regarding integration of both plants and microbial decomposers into BLSS design. The space environment differs from the terrestrial one, with fractional gravity or microgravity, reduced atmospheric pressure, elevated radiation, and biological isolation. How various plant and microbial taxa respond to these changes, and which taxa can thrive under such conditions, are major questions.

### *IA. Selecting and Combining Plants for Space Exploration*

Plants are key to BLSS, as photosynthesis produces O<sub>2</sub> and removes CO<sub>2</sub> from the atmosphere. Because plant taxa differ in rates of photosynthesis, gas exchange, water consumption, nutrient use, and edible biomass production, selecting taxa for BLSS design is likely to be driven in large part by mission scenarios. Furthermore, diverse assemblages of species are likely to yield more robust system functioning, as well as healthier astronaut diets, than monocropping. In this context, NASA and the space life sciences research community could advance its mission by supporting research on the development of “constructed fit” plant communities for specific mission contexts, including (a) continued ecophysiological research, (b) crop selection and development, and (c) novel research exploring the functioning of species assemblages. During the next 10 years, missions to low Earth orbit and lunar exploration will allow *in-situ* research. Goal (a) requires Earth-based plant research to test the effects of Lunar and Martian

environments (or other mission contexts) on the ecological function of selected taxa. Centrifuge or other partial gravity simulation studies that establish BLSS function for planetary surfaces will be particularly valuable. Historically, crop selection (b) has focused on small plants or ‘dwarf’ cultivars, sometimes with rapid life cycles<sup>18-20</sup>, largely through conventional breeding and mutant screening. Crop screening criteria can expand to include robustness to spaceflight environment stressors and nutritional quality by taking advantage of genetic markers, gene editing, and genetic engineering<sup>21-23</sup>. We may also be able to engineer plants to produce other products, including building materials, pharmaceuticals, or high-value chemicals<sup>24</sup>. Assessment of which taxa function well together in space systems (c) continues to be a gap in space life sciences research. The Lunar Greenhouse Prototype project has advanced BLSS polyculture<sup>25, 26</sup>; however, studies of the performance of combinations of taxa and the ecological stoichiometry that maximize crop production efficiency and robustness are little studied. For example, use of crops with different growth forms, life cycle lengths, and nutrient acquisition strategies may improve light and nutrient use efficiencies, both critical factors for spaceflight<sup>1</sup>. Evaluating impacts of allelopathic chemicals could also inform compartmentation of incompatible crops<sup>27</sup>.

### *IB. Microbial Environments*

A healthy plant microbiome is key to BLSS performance, health, and stability, while an unhealthy microbiome can hinder plant growth and health. BIOS-3 and Biosphere 2 experiments showed significant effects of microbial communities on atmospheric dynamics, trace contaminant control, and plant disease resistance<sup>28</sup>. Beneficial microbes may require active assistance, while pathogens must be detected and mitigated to avoid crop loss<sup>29</sup>. The introduction, dispersal, and virulence of phytopathogens must be assessed within the International Space Station (ISS) as proxies for the same processes in future crewed missions to the Moon and Mars. Information is needed about the stability and viability of microbial communities under long term isolation and the effects of microbiome composition on crop health and performance<sup>16</sup>. The physiological, evolutionary, and ecological effects of stressors such as radiation, low gravity, and poor gas mixing on microbial communities must be understood to facilitate the design of microbiomes beneficial to plants and the BLSS ecosystem. Microcosm experiments in relevant analog or spaceflight environments will illuminate the effects of species diversity and composition on microbial community health and stability.

### *1C. Linking Nontraditional Food Sources with BLSS Design*

A large portion of plant biomass grown for BLSS is inedible and can be put to new uses. Ideally, this biomass would diversify astronaut diets, enable nutrient cycling, and provide high value materials such as medicines, manufacturing materials, or energy feedstocks. For example, insects such as silkworms, mealworms, and crickets could become a resource-efficient protein source, as they take up little space and consume materials inedible to humans<sup>30</sup>. In many Asian, South American, and African cultures, insects are a major source of protein and micronutrients<sup>31, 32</sup>. Combining cellulosic biomass, regolith, and microbes (including fungi) to build soil and provide food is another example of sustainable resource reuse<sup>33, 34</sup>. Efforts at *in situ* resource utilization could also be integrated with cellulosic biomass reuse, creating opportunities for additive manufacturing. System-level research in diversion of plant biomass from the main producer - consumer - decomposer loop for such purposes is a prerequisite to defining criteria for sustainable long-term habitation in Lunar and Martian mission contexts. If diversion of inedible biomass for uses that sequester carbon are unsuited to mission context, it could instead be used as a feedstock for bacteria engineered to produce necessary or high value products. Cell

culturing technology to produce meat in space is potentially valuable<sup>35-37</sup>. Aquaculture is another multifunctional BLSS strategy for Lunar and Martian missions. For example, duckweed (*Lemna sp.*) and the fern *Azolla* can potentially provide both food and wastewater purification function<sup>38</sup>. Farming detritivorous fish would be another efficient way of producing food rich in micronutrients and protein<sup>40</sup>. Research on non-traditional organisms would expand options for BLSS design across mission contexts.

Recommendation: Research on interactions among plants, microbes and other organisms.

## II. Integration-Focused Questions

BLSS systems are by definition ecological systems<sup>28</sup>. System integration-oriented research questions encompass the architecture, control, stability, and efficiency of integrated BLSS components. In the US, system-level studies were largely abandoned around the turn of the century, although research continues to advance in China (Lunar Palace) and, to a somewhat lesser degree, Russia (BIOS-3) and Europe (MELiSSA). Critical research areas for the next decade include the costs and benefits of closure, improved nutrient recycling methods, and stability and control in various configurations and at different scales.

### IIA. Degree of Closure

Decisions about life support system design are largely driven by equivalent system mass (ESM) over the mission duration<sup>41</sup>, reliability constraints<sup>42</sup>, and the feasibility of resupply from Earth. Closure is the portion of expended substance that is recycled (and not stored) per unit time, reflecting the ability of a BLSS to continue functioning without resupply. Regenerative technologies that increase closure may reduce BLSS ESM over time, but their complexity and low maturity may decrease reliability. The tradeoff between closure and reliability may be countered by the resilience of biological components afforded by their ability to reproduce and self-regulate. The costs and benefits of increased closure depend on mission duration and distance from Earth, which drive the ease and cost of resupply. Future missions will require continuous reassessment of cost-benefit ratios of closure for each consumable resource (e.g., oxygen, nitrogen, or water) as technologies improve over time. Closure cost-benefit analysis requires models of BLSS behavior. Improvements in nutrient recycling will increase closure.

### IIB. Nutrient Cycling

BLSS experiments thus far have not fully closed the nutrient loop between food production and waste mineralization. For near-term missions, plant nutrients can be supplied with fertilizer. For longer missions, this will become costly and impractical, so nutrients need to be recycled from wastes such as urine, feces, and inedible plant biomass. The most effective means of recycling inedible biomass remains unclear. Microbial bioreactors (e.g. aerobic or anaerobic digestors) and plant-microbe ecosystems are proven, safe waste oxidation methods. Bioreactors that retain bioavailable N forms are especially attractive due to efficiency gained by avoiding denitrification/fixation<sup>44</sup>. Human feces and inedible plant biomass can both be recycled through thermophilic composting, producing a rich plant growth medium<sup>45-47</sup>. Development of safe and effective composting methods suitable for space, including supplemental pathogen reduction methods (e.g., irradiation or bacteriophages) should be investigated. Plant growth media should support nutrient recycling. Composting or other forms of decomposition (e.g. pyrolysis<sup>48</sup>) are only useful if the nutrients made available by the process return to plants. A range of coupled plant growth and waste recycling technologies should be co-developed, including artificial soil from in-situ regolith. Urine is a key challenge in meeting human and plant needs in a BLSS, as it is nutrient-rich but presents a particular challenge for recycling because its relatively high

sodium levels can harm plants. Most plants actively restrict sodium uptake, creating a problem for recycling urinary sodium. However, some salt-tolerant plants and seaweeds accumulate higher amounts of sodium and are consumed in some cultures. Mesophilic halophiles have been used in to treat a waste stream and separate salt and biomass<sup>49</sup>, and their biomass can be turned into a biochar substrate for plant media<sup>50</sup>.

### *IIC. Stability and Control*

The main difference between a space habitat BLSS and an Earth ecosystem is the rapid material cycling rates imposed by the constrained habitat volume, which affect stability. In a regenerative life support system, the stability and controllability of ecosystems are critical to reliability and resilience for crew survival, health, and performance. Fundamental research areas include 1) the definition and quantification of stability, 2) the identification, optimization, and control of factors contributing to stability and 3) development of mathematical and physical models to simulate and test control of BLSS systems.

In a space habitat, the critical state variables are those that keep the crew alive and healthy (e.g., CO<sub>2</sub> and O<sub>2</sub> partial pressure, air quality, and availability of nutritious food and potable water). The system composition or configuration can change to maintain the desired state of habitability. In an engineering context, this dynamic conception of stability might be described as resilience or robustness<sup>51</sup>. Any mass lost from the system, either through leakage or becoming unusable, must be replaced to avoid eventual system failure. Systems of differential equations describing mass flow between components allow stability analysis and quantification but the desired states and potential disturbances warrant further definition.

After defining stability in the context of space habitats, the next questions are (a) what features ensure stability and (b) what control parameters can be used to achieve it? Many ecologists theorize that species diversity enhances stability<sup>52, 53</sup>. Engineers tend to say stability requires accurate and prompt control of processes maintaining material cycles<sup>54</sup>. Literature indicates that the answer remains unclear<sup>51, 55, 56</sup>; however, research should combine modern ecology with engineering principles and develop ways to control ecosystem parameters<sup>57 - 59</sup>.

Control systems regulate environmental parameters (like temperature and air flow) that drive biological processes (like photosynthesis) and keep life support parameters within an appropriate range. The regulation of biological processes, commonly practiced in growth chambers and bioreactors, must be applied on a whole-system level to achieve environmental stability within the habitat. Developing such control systems will allow biological systems to be reliably integrated with technological ones. Process control and architecture optimization (e.g., component integration and species selection) require high fidelity BLSS models (both mathematical and physical prototypes). Such models can help life support system designers understand the effects of residence time, buffering capacity, cycling rates, and trace contaminant buildup on system behavior and stability<sup>60</sup>. In addition, designers must understand system behavior across a variety of configurations and scales, so small scale systems designed for near term missions can evolve into larger scale systems for space settlements<sup>28</sup>. Incorporation of detailed process models into environmental control algorithms can also improve system stability. Open source BLSS modeling tools and digital twin development (virtual models integrated with the physical system and sensor networks) will go far to facilitate such studies.

**Recommendation:** Prioritize research on BLSS modeling, stability and control.

### **III. Technology Questions**

A “combined approach of fundamental research, hardware development, and operational testing is required to achieve reliable bioregenerative life support systems”<sup>17</sup> and integration with

spacecraft habitats. Technological research goals in the coming decade include miniaturizing and ruggedizing autonomous monitoring and control hardware and building test facilities to support long term, relevant environment testing of integrated BLSS and PC systems.

### *IIIA. Reliability and Robustness of Autonomous Monitoring and Control Systems*

The reliability of biological components is limited by the reliability of the hardware and software that regulates their environment (e.g., temperature, light, or air flow). The need for such robustness increases with mission duration and distance from Earth due increased cost of failures and their prevention (e.g., mass of spare parts) and reduced ability to abort to Earth.

Autonomous monitoring and control systems with state of the art robotics, sensors, machine learning, and artificial intelligence can improve BLSS reliability, efficiency, and resilience by detecting and responding to off-nominal events. Novel sensing technologies continue to emerge in the fields of optics, spectroscopy, electro- and biochemistry, electromagnetics, multi-omics, and biosensing that can monitor organism and ecosystem health and stress. Desirable sensors are compact; non-invasive; low power; respond rapidly; and operate with little to no crew time or consumables (e.g. reagents)<sup>29</sup>. Terrestrial advances in autonomous controlled environment agriculture (CEA) are outpacing space technology. However, terrestrial systems are often too massive, too energy intensive, or intolerant of the space environment. Research and development is needed to minitiarize and ruggedize terrestrial CEA robotics, sensors, and data handling systems for high levels of radiation and CO<sub>2</sub>, fluctuating pressures, and variable gravity<sup>29</sup>. In particular, microgravity or partial gravity compatibility remains a significant challenge for reliable fluid control. Finally, validated system performance models are needed to inform hardware architecture design and component selections for improved reliability.

### *IIIB. Test Facilities for System Integration and Relevant Environment Testing*

A cross-cutting need in BLSS research is high fidelity testbeds that can simulate the conditions that would be encountered in space, prior to flight testing. Relevant environment test facilities with tight closure, recirculated air, and pressure control allow 1) studies of gas exchange and balance; 2) testing of biological component integration and interoperability with existing PC technologies or other spacecraft systems; 3) assessment of component arrangements, such as spacing for succession planting and multi-cropping to improve volume efficiency; and 4) long-duration studies of system stability and sustainability under increasing levels of closure. International BLSS integrated test facilities include ESA's bioregenerative test bed for the MELiSSA Project<sup>61</sup>, Russia's Bios 3 facility<sup>62</sup>, Japan's Closed Ecological Experiment Facility<sup>63</sup>, German Aerospace Center's (DLR) food production analog (EDEN-ISS)<sup>64</sup>, and China's Lunar Palace test facility. Lunar Palace recently completed a one year long "human in the loop" test<sup>30, 65</sup>. NASA had a large, closed plant production chamber with connected waste processing capabilities, called the Biomass Production Chamber<sup>16</sup>, but this facility was decommissioned ca. 2000. Currently, NASA has no full scale, closed integrated test facilities for bioregenerative life support research. Because component-level testing cannot provide an understanding of emergent system-level properties, development of a flight-ready, first-generation, space-based BLSS module for deployment in Earth or Lunar orbit by 2032 is critical to advancement of the above research priorities. Technological improvements in automation and AI afford rapidly accelerated modeling and hypothesis testing via machine learning and more adaptive control systems for dynamic, coupled processes. Now is the time to merge biological and ecological knowledge gained since the 1960s with massive sensor networks and computational models that will allow us to rapidly improve design, function, monitoring, and control of BLSS in space.

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